

20th in a Series







Finished Quilt: 68"x70"



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Quilter Basics

Read instructions before beginning a project. All instructions include a ¼" seam allowance. Press as you go. Press seams in one direction. 22" measurement is approximate. WOF = Width of Fabric

Finished size: 68"x70"

Cutting.....

Important: Label pieces as they are cut. Refer to shirt block diagram below. Fabric 1– Background, Sashing and Borders

Cut 1 strip - 141/2"xWOF. From the strip, cut 16 horizontal sashing strips $-2\frac{1}{2}x14\frac{1}{2}$ ". Cut 1 strip – 13"xWOF. From the strip, cut $22 - 1\frac{1}{4}x13$ strips (D) and $11 - 1\frac{1}{4}x11\frac{3}{4}$ strips (E). Cut 2 strips $-11\frac{3}{4}$ "xWOF. From one strip, cut $33 - 1\frac{1}{4}$ "x $11\frac{3}{4}$ " strips (E). From the second strip, cut 15 vertical sashing strips $-2\frac{1}{2}x11\frac{3}{4}$ ". Cut 3 strips – 6"xWOF From the strips, cut $44 - 2\frac{3}{4}$ " x 6" rectangles (A). Cut 1 strip – 3¾"xWOF. From the strip, cut $23 - 1\frac{1}{4}x3\frac{3}{4}$ rectangles (C). Cut 8 strips $- 3\frac{1}{2}$ " xWOF for outer border. Cut 1 strip – 2³/₄" xWOF. From the strip, cut $2 - 2\frac{3}{4}$ "x6" rectangles (A) and $2 - 2\frac{1}{2}$ "x5¹/₈" rectangles (B). Cut 6 strips – 2¹/₂" xWOF From the strips, cut $44 - 2\frac{1}{2}x5\frac{1}{8}$ " rectangles (B) Cut 1 strip $- 1\frac{1}{4}$ "xWOF. From the strip, cut $1 - 1\frac{1}{4}$ "x13" strip (D) and $2 - 1\frac{1}{4}$ "x11³/4" strips (E).

Fabric 2 – Cornerstones, Stars and Binding Cut 1 strip – $2\frac{1}{2}$ "xWOF From the strip, cut $12 - 2\frac{1}{2}$ "x $2\frac{1}{2}$ " squares. Cut 4 strips – $1\frac{1}{2}$ "xWOF

From the strips, cut 96 – $1\frac{1}{2}$ " x $1\frac{1}{2}$ " squares. Cut 8 strips – $2\frac{1}{2}$ " x WOF for binding.





Shirt Block Diagram





Cutting – cont.

Fabrics 3 – 10 Shirt Prints – FQs

From **each** fat quarter cut the following to make 2 shirts. Fabrics are directional. Refer to the **Cutting Diagram** for best results.

Cut 1 strip - 9"x21"

From the strip, cut $4 - 4\frac{1}{2}x9$ " rectangles (S1).

Cut 1 strip - 31/2"x 21"

From the strip, cut $4 - 2\frac{34}{x}\frac{31}{2}$ rectangles (S2) and $4 - \frac{31}{2}\frac{x}{x}\frac{21}{4}$ rectangles (C1).

Cut 1 strip – 2¾"x21"

From the strip, cut $2 - 2\frac{34}{x}\frac{234}{}$ squares (S3)cut once diagonally and $2 - 1\frac{34}{x}\frac{334}{}$ rectangles (C3).

From the remainder of strip cut $4 - 1\frac{3}{4}$ "x1³/₄" squares (C2).



Fabrics 11 – 17 Shirt Prints – F8s

From **each** fat eighth cut the following to make 1 shirt. Refer to the **Cutting Diagram** for best results.

Cut 1 strip - 41/2"x 21"

From the strip, cut $2 - 4\frac{1}{2}$ "x9" rectangles (S1) from the remainder of strip cut $2 - 1\frac{3}{4}$ "x1³4" squares (C2).

Cut 1 strip - 3½"x21"

From the strip, cut $2 - 2\frac{3}{4}$ " x $\frac{3\frac{1}{2}}$ " rectangles (S2) and $2 - \frac{3\frac{1}{2}}{x}\frac{2\frac{1}{4}}$ " rectangles (C1). From the remainder of the strip cut $1 - \frac{23}{4}$ " x $\frac{234}{x}$ " squares (S3) cut once diagonally and $1 - \frac{134}{x}\frac{334}{x}$ " rectangle (C3).





21"

Cutting Diagram for F8s



Construction

Shirt Blocks

The following directions are for piecing one shirt block. Repeat the steps to construct a total of 23 shirt blocks. Twenty are needed for the quilt top. Use one of the remaining blocks as a label on the back of the quilt. Use the remaining blocks to make matching pillows for your quilt.

Collar Row

- 1. Using the easy corner triangle method below, sew the (C2) print squares to the opposite ends of 2 (B) background rectangles. *See diagram below.* Trim the seam allowance to ¹/₄" and press the seam toward the arrow.
- 2. Join the background rectangle (C) to the print rectangle (C3) along the long edge to make the center piece. Press the seam toward the print. The piece should measure 2½"x 3¾" with seams.
- 3. Join the sides from Step 1 to the center piece press seams open. The collar row will measure $2\frac{1}{2}$ "x 13" with seams.



Collar row should measure 21/2" x 13" with seams.

Easy Corner Triangle (ECT)

Draw a diagonal line on the wrong side of the 2 - C2 squares.



Note direction of marked lines. With right sides together align edges of marked C2 square and the background fabric. Stitch on marked line. Trim away extra fabric ¼" from stitched line. Press toward arrow.



Make 1 pair. Units should measure 21/2" x 51/8" with seams.

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The following pieces are required for **each** shirt block. Print – all from the same print:

- 2 Shirt Fronts (S1).
- 2 Shirt Sleeves (S2).
- 2 Inside V of Neckline (S3).
- 2 Front Collars (C1).
- 2 Side Collar Corners (C2).
- 1 Top Back Collar (C3).

Background

- 2 Under Sleeves (A)
- 2 Sides of Collar (B)
- 1 Top of Back Collar (C)
- 1 Bottom Sashing (D)
- 2 Side Sashing (E).

Shirt Body and Sleeves

- Join the 2¾" x 3½" print rectangles (S2) to the 2¾" x 6" background rectangles (A). Press toward the arrow. Make 2.
- 2. Stitch the pieced sleeve units to opposite sides of the 4½" x9" shirt-rectangles (S1). Press the seam toward arrows. *See diagram*.
- On the top edge of the 4¹/₂" x 9" shirt pieces (S1), measure 3¹/₂" in from the center. Mark with chalk or a Sewline pencil.



Each unit should measure 6¾"x 9" with seams. Make 2 – 1 left and 1 right.

Construction – cont.

Making the Collar

1. With right sides together fold the $2\frac{1}{4}x3\frac{1}{2}$ rectangles (C1) in half lengthwise on the long edge.

- 2. Stitch on one short edge using a 1/4" seam.
- 3. Turn the collar unit right side out and press flat there will be a long folded edge, a short stitched edge and 2 open edges.
- 4. Top-stitch the long folded edge and the short stitched edge ¹/₈" from the edge.
- 5. Using a ruler with a 45° angle, trim open end of each collar as shown.
- 6. Place the collar on the left shirt front, aligning the angled corner with the marked line and with the seam of the collar row as shown below. Adjust placement as needed and pin to secure. Do not stitch yet. Repeat for the right side of the shirt, placing the collar in the opposite direction.



edge of collar and the edge of ruler with lower left corner of collar. Cut 45° angle with rotary cutter. Repeat with second collar.



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Construction – cont.

Step 4 – Inside of Shirt

If you are using a Moda kit see special label instructions in kit box.

- 1. Align a $2\frac{3}{4}$ " print triangle along the open edge of the collar with the **Right Side Up** the wrong side of the fabric will be showing when this piece is complete.
- 2. Stitch along the edge of the collar and triangle using a scant ¹/₄" seam. Press triangle toward arrow. **Do not** cut away the background fabric. Repeat with second shirt front.
- 3. Join shirt fronts. Press seam open. Unit should measure 13"x9" with seams.

With the **Right Side Up** align a 2³/₄" x 2³/₄" print triangle along the open edge of the collar

Stitch along the edge of the collar and triangle using a scant ¼" seam. Press toward arrow.





Join shirt fronts. Press seam open. Unit should measure 13"x9" with seams.



Step 1



Step 3

Step 5 – Finishing a Shirt Block

- 1. Add the collar row from Step 1 to the top of the shirt fronts. Press. Block should measure 13"x11" with seams.
- 2. Stitch a 1¹/₄" x13" bottom sashing strip (D) to the bottom of the shirt. Press seam open.
- 3. Add 1¹/₄" x11³/₄" side sashing strips (E) to opposite sides of the shirt block. Press seam toward sashing strip. Block should measure $14\frac{1}{2}$ " x11³/₄" with seams.
- 4. Repeat steps to make a total of 23 shirt blocks.





Step 4

Add the collar row to the top of the joined shirt fronts. Press. Unit should measure 13" x11" with seams.

Make 23 shirt blocks using the assorted prints.

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Construction - cont.

Cornerstones and Sashings

- 1. Using a mechanical pencil draw a diagonal line on the wrong side of all $96 1\frac{1}{2}$ "x1¹/₂" red cornerstone star squares,
- Select 8 2¹/₂"x14¹/₂" horizontal sashing strips. Add easy corner triangles (ECT) to one end only. Do not cut away background fabric. Press the seam toward the triangle.
- 3. On the 8 remaining **horizontal** sashing strips add easy corner triangles to both ends. Do not cut away background fabric. Press the seam toward the triangle.
- 4. Select 6 2½"x11¾" vertical sashing strips. Add easy corner triangles (ECT) to one end only. Do not cut away background fabric. Press the seam toward the triangle.
- 5. On the 9 remaining **vertica**l sashing strips add easy corner triangles to both ends. Do not cut away background fabric. Press the seam toward the triangle.

Assemble Quilt

- 1. Lay out the quilt top in five rows of four blocks each.
- 2. Add the vertical and horizontal sashings to the layout as shown.
- 3. Using a scant ¼" seam allowance, join the blocks, sashings and cornerstones to make five horizontal rows. Press the seams toward the sashing strips. Sew the sashing and cornerstones into rows. Press toward the sashing.
- 4. Join the horizontal rows to complete the quilt top. Press the seams toward the sashing rows.

Border

- 1. Join $2-3\frac{1}{2}$ " xWOF border strips end to end. Stitch 4 sets of 2.
- Measure quilt from top to bottom (approx. 64³/₄"). Cut two pieced border strips to that measurement and add to opposite sides of quilt top. Press toward outer border. Quilt top should measure 68¹/₂" x 64³/₄" with seams.
- Measure quilt top side to side including borders through the center (approx. 68½"). Cut the remaining two pieced border strips to that measurement and add to top and bottom of quilt top. Press toward outer border.
- Quilt top should measure 68½" x70¾" with seams.

Finishing

1. Using a diagonal seam, join binding strips end to end. Press seams open. Fold prepared strip in half wrong sides together and press to make the binding.



Make 8 – 21/2"x141/2" horizontal and 9 – 21/2"x113/4" vertical.



Quilt top should measure 681/2"x703/4" with seams.

2. Layer, Quilt, and Bind.



Fabric Requirements

Finished Size: 68"x70"

Backing: 41/2 yds.

8 FAT QUARTERS



Fabric 7 FQ





9898-1

Fabric 1

Background and Borders

Fabric 8 FQ





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3⁵∕s yds

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benefit the American Autoimmune Related Diseases Association.

the alleviation of suffering and the socioeconomic impact of

Fabric 2

Fabric 9 FQ 6245-13



1 yd

Fabric 10 FQ 6246-13

F8

Fabric 14

7 FAT EIGHTHS















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