



ALTERNATE
Delectable Flowers



WEEK 7a

MODERATE

This is part 7a of a 13 part quilt-along series. Find the rest of the posts in this series by clicking on the links at the end of this post.

Welcome to Week 7! This week we have two back-to-back posts. We are offering an alternate method to construct the Delectable Flowers blocks today and tomorrow's post will be a previously scheduled post. Many of you conquered last week's Delectable Flowers without issues, but they are a tricky block and this alternate method results in a square block with no loss of points. However, this method is not necessarily easier. Read through both posts and practice on some scrap fabric to see which method you prefer.

There are four of these blocks, each made up of 4 smaller units. Last week we showed the block with corner triangles on the outer corners. This is a style choice that you may or may not want in your quilt. This block will be surrounded by sashing - that sashing can be background fabric or something to accent and frame the block. The choice is yours but consider the options before you start cutting.

Some notes:

- Use a scant $\frac{1}{4}$ " seam.
- Depending on your cutting method, you may have extras each week of common sizes used throughout the quilt. I suggest you label a couple of plastic bags for " $2\frac{1}{2}$ " squares" and " $2\frac{7}{8}$ " squares" so you can make use of the extras another week.

Delectable Flowers

{from [Delectable Flowers Quilt](#) by [Cathy Smith](#)}



Some notes about this block:

- Take care when cutting the Layer Cake squares. We will cut vertically and diagonally while keeping the fabric in one spot. It may help you to mark the cut lines on the fabric or put tape on your cutting templates at the necessary intervals.
- Eyeball the scant $\frac{1}{4}$ " when pairing block segments. If you are new to sewing triangles, test this out so you can see just how the fabric moves when you sew the seam and press. If you do not offset by a scant $\frac{1}{4}$ ", your triangle will not line up correctly.

INGREDIENTS

8 Layer Cake Squares OR 8 (10)" squares cut from fat quarters

From accent fabric or a Layer Cake square, cut (16) $2\frac{1}{4}$ " squares (optional)

From the background fabric, cut (8) 10" squares and (16) $2\frac{1}{4}$ " squares

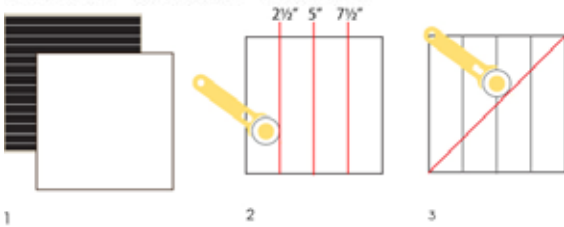
9/25/2017

Original Recipe can be found at www.modabakeshop.com

Recipes are sometimes altered to correct errors. Please ensure that you have downloaded the most recent Printer Friendly Version before starting your project. If you find a mistake in this pattern, please contact modabakeshop@unitednotions.com.

This is an original pattern not intended for sale.

INSTRUCTIONS



1

2

3



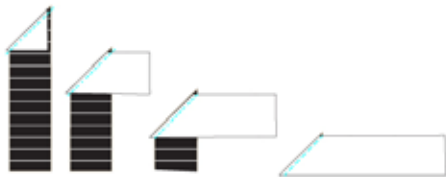
4

1. Pair each Layer Cake square with a background square.
2. Without moving the fabric, cut the Layer Cake pair at into vertical strips at $2\frac{1}{2}$ ", 5 " and $7\frac{1}{2}$ ". (You need (4) $2\frac{1}{2}$ " x 10 " strips.)
3. Again without moving the fabric, cut along the diagonal of the Layer Cake pair as indicated.
4. Pair up pointed print segments with corresponding pointed background fabric segments.



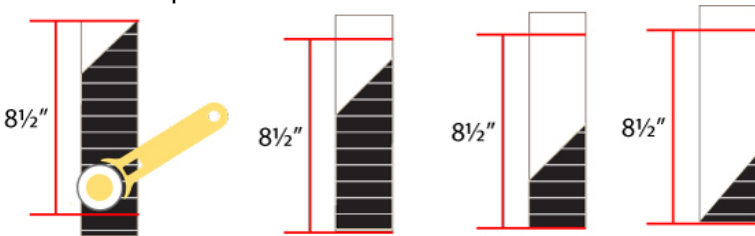
5

offset



6

5. With right sides together, offset the top triangle by a scant $\frac{1}{4}$ " on each side of the diagonal line.
6. Sew a scant $\frac{1}{4}$ " seam along the cut edges. Press to the darker fabric. Repeat with each pair. Trim each strip to $8\frac{1}{2}$ " tall as indicated.



Lay out strips as shown below and sew together.



Trim block unit to $8\frac{1}{2}$ " square.

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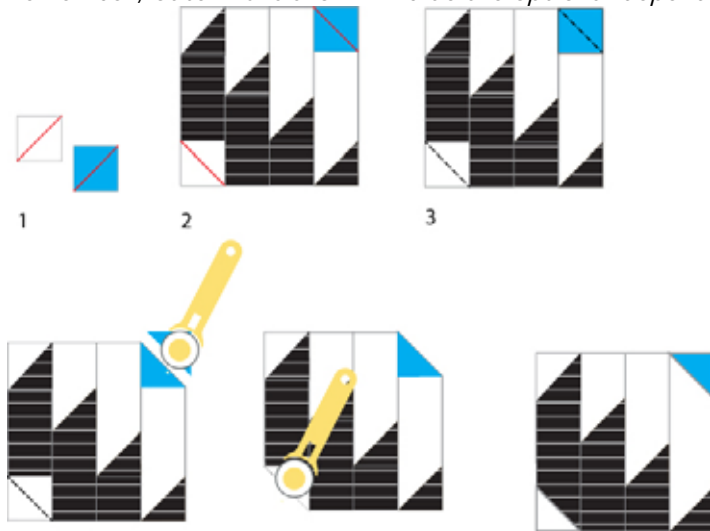
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Each Layer Cake square yields 2 of the 4 Delectable Flower units to make up a complete block.

Easy Corner Triangles (ECTs)

Remember, outer ECTs shown in blue are optional depending on the desired look.

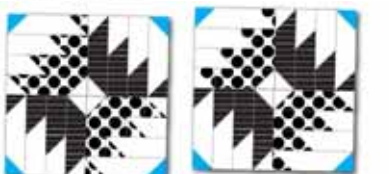


1. On the wrong side of the fabric, draw a pencil line along the diagonal of each 2¼" square.
2. Pin accent square to the top right of the block unit and pin background square to the lower left corner of the unit.
3. Sew ON the diagonal lines.
4. Trim ¼" away from the stitched line and press.

Arrange (4) block units to make a flower as shown. Pin and sew together. Repeat to make a total of 4 Delectable Flower blocks.



YIELD



Oda May

WEEK 1: [Intro to QAL + Fabric Reqs](#)

WEEK 2: [Prairie Rose Garden + 8 Applesauce Cross](#)

WEEK 3: [Tropical Punch + 6 Applesauce Cross](#)

WEEK 4: [Churn Dash](#)

WEEK 5: [Figgy Pudding + 6 Applesauce Cross](#)

WEEK 6: [Delectable Flowers](#)

WEEK 7a: [Alternate Delectable Flowers {this post}](#)

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